

**MILTON KEYNES Clinical Commissioning Group
Prescribing Group**

Jim Laughton (JL) (Chair) GP, Broughton Gate Practice

Janet Corbett (JC)	Associate Director of Transformation and Delivery/ Chief Pharmacist, CCG	Mulukutla Prasad (MP)	GP, Neath Hill Health Centre
Helen Chadwick (HC)	Chief Pharmacist, CNWL - MK	Edward Sivills (ES)	GP, CMK Medical Centre
Sue Ashwell	Interim Chief Pharmacist, MKHFT	Maggie Wyke (MW)	GP, Watling Vale Medical Centre
Nikki Woodhall (NW)	Senior Medicines Management Technician, CCG	Joanne Burgess	District Nurse / Non-Medical Prescriber Red House Surgery
Nigel Fagan (NF)	GP, Red House Surgery	Bhervi Patel (BP)	Community Pharmacist
Amit Karia (AK)	GP, Water Eaton Health Centre	Arun Vaidyanathan (AV)	Patient Representative
		Fatima Mohri (FM)	GP, Newport Pagnell Medical Centre

c.c. Folake Kufeji (FK) Formulary Pharmacist, MKHFT

**Minutes of the Prescribing Group Meeting held on
Wednesday 2nd October 2013**

	Present	Action
	<p>Jim Laughton (Chair) Nigel Fagan Joanne Burgess</p> <p>Janet Corbett Edward Sivills Bhervi Patel</p> <p>Nikki Woodhall Maggie Wyke Fatima Mohri</p> <p>Helen Chadwick Mulukutla Prasad Edward Sivills</p> <p style="text-align: right;">Arun Vaidyanathan</p>	
1.	Introductions and welcome	
	JL welcomed the group	
2.	Apologies for absence	
	Amit Karia/Sue Ashwell	
3.	Minutes of last meeting held on 3rd July 2013	
	The minutes were signed as an accurate record of the meeting by Jim Laughton	
4.	Matters Arising	
	<ul style="list-style-type: none"> • End of Life Care – Just in Case bag Work now completed/sent out to Community Pharmacies/Hospital and now in use. • Prescribing Queries for LTC for hospital patients The contract manager for private hospitals has been asked to remind providers that their clinicians should be following the MK formulary when asking GPs to prescribe. • Fosfomycin 7 – in Community 4 – in Hospital Pharmacies have now received stocks; system seems to be working well. • PGDs All those approved at the last meeting have been issued 	<p>Item closed</p> <p>Item closed</p> <p>Item closed</p> <p>Item closed</p>

	<ul style="list-style-type: none"> ▪ Asthma Prescribing Guidelines COPD/Asthma/NRT guidance has been approved at recent MKPAG meeting and are being finalised. They will be printed and sent out to GPs and practice nurses. They will also be sent to Community Pharmacies and to Helen Chadwick to share within CNWL-MK. ▪ Formulary Applications Aclidinium and Glycopyrronium have now been added to the Formulary as alternatives to Tiotropium (LAMAs) for use in line with the COPD prescribing guidelines. 	<p>NW</p> <p>Item closed</p>
5.	<p>Prescribing Review</p>	
	<p>JC highlighted the current financial position of the CCG and prescribing position. The prescribing review document sets out the current pressures of underfunding, cost pressure from national tariff changes and population growth. The paper proposes work plans to try and bridge the predicted overspend.</p> <p>JC drew the meeting's attention to the following points:-</p> <ul style="list-style-type: none"> • She has decided not to change the configuration of pharmacist support to the neighbourhoods as this has now been up and running for over a year and lots of good relationships/best practices have developed. GPs were asked to make full use of Pharmacy team; they should not waste time on admin functions. They are a valued resource in practices. • There are no significant other savings from patent expiry due within the next six months. <p>There is waste in the system i.e. stockpiles in patient's homes, expensive choices made by GPs etc. JC will be writing to Community Pharmacists and all practices to engage them in the current efficiency drive.</p> <ul style="list-style-type: none"> • JC is working with Tony Delaney (Comms Team) regarding press releases i.e. sensible order of repeats for patients; information also to be sent to the Patient Participation Group in inclusion in their newsletters. • It would be necessary to consider the use of a limited range of branded generics – the team has avoided this in the past but there are some useful cost savings for fentanyl and venlafaxine • System1 – Emma Hooton will be producing Top Tips guidance for all practices Reception staff training to be carried out Jan/Feb 2014 • JC has a meeting with Gerald Remy, hospital dietician, to discuss use of dietetic products. JC is also exploring the possibility of employing a dietician – looking at models from elsewhere to make sure it delivers what is needed in primary care. • A Pharmacy Development Group meeting has been scheduled for Thursday 28th November (6.30pm – 10.00pm) to discuss how community pharmacy can support the CCG work. JC has set up a meeting with Steve Allen from Cox and Robinson and Has Modi from Jardines. <p>In discussion, Prescribing Group members made the following comments and suggestions:-</p> <p>NF - suggested a process of a low level itemised list of products on SS as the S1 Formulary is not user friendly</p> <p>NF - Drug switches – produce a pack to support switch i.e. centralised report/letter to patient/staff</p> <p>NF – need a report from System1 to enable practices to align repeats</p> <p>NF – it would be helpful to run searches centrally to identify when practices are</p>	<p>JC</p> <p>JC</p> <p>NW/JC</p> <p>EH NW</p> <p>JC</p> <p>Pharmacy team</p>

	<p>prescribing expensive or non-formulary products</p> <p>MW – Requested written guidance to support prescribers with quantities recommended for patients going on holiday/working abroad – one off sheet</p> <p>BP - suggested prescribing smaller quantities or issuing a standard pack</p> <p>NW is working with Libby Pell on product range and quantities of emollients on the Formulary and will produce a newsletter supplement</p> <p>HC – Dressings – there is excessive use of silver dressings so it may be worth looking at the data and seeking advice from Sue Teasdale. JC to investigate commissioning expert TVN advice</p> <p>JB – mentioned a Leg Ulcer Service in Northampton which has proved very successful</p> <p>JL – mentioned a Telehealth Service at Goodhope Hospital has good improvement rates in Leg ulcers. JL to advise JC of contact.</p> <p>MW – there is no system for information on out of stocks or when they are available again and notifying doctors/CPs. NW said that this is a national issue and we do not get the information either. Although NW has been liaising with BP wherever possible and updating SS as appropriate.</p> <p>NW is developing action plans and cost driver reports at practice level. It was suggested by ES that review at GP level would be helpful but this is a huge amount of work and may not accurately reflect the prescriber’s true picture eg locum prescribes against senior partner.</p> <p>Overall the group supported the actions proposed by the team and endorsed the production of the “Less suitable for prescribing list” with the additional request that the information was added to ScriptSwitch and some patient literature was produced to support GPs in saying “No”.</p>	<p>JC</p> <p>NW</p> <p>JC</p> <p>JL</p> <p>NW</p> <p>JC/NW/SW</p>
<p>6.</p>	<p>MK PAG Update</p>	
	<p>The last MKPAG meeting was held on 25th September and this format is proving a productive one. Lots of discussion relevant to primary care.</p> <p>Key points include:-</p> <ul style="list-style-type: none"> • On-going discussion for Rivaroxaban for DVT treatment and prophylaxis where currently the responsibility for prescribing is remaining with the hospital not the GPs. JC to add item to Prescribing News. • NRT/COPD/Asthma guidance approved but just need formatting before issue to practices and pharmacies. • On-going – discussions on Ulipristal –was agreed prescribing remains with hospitals consultants. • Any inappropriate primary care requests should be flagged up to JC. • Metformin MR – Should only be used for appropriate patients not able to tolerate plain tablets. JC has sent some suggested wording to the hospital pharmacists for the formulary • Safety Issues – Update MHRA on Ketoconazole reminder was sent out in August and put on ScriptSwitch. It has been removed from the formulary. • Oral retinoids – women should have two negative pregnancy tests before receiving these medicines. For those small group of practices who continue to prescribe, JC to add advice to Prescribing News. • Mirabegron – remains hospital only until added to formulary. JC has billed SA for 1st Quarter prescribing in primary care and will continue until put on formulary. FM requested that Lesley Thurston be included in discussions about formulary products for overactive bladder 	<p>JC</p> <p>NW</p> <p>ALL</p> <p>JC</p> <p>JC</p>

7.	Prescribing Forum Update	
	<p>Prescribing for Cystic Fibrosis is now the responsibility of NHS England. Currently primary care prescribing is not being repatriated to the hospital but they will initiate new prescriptions for inhaled tobramycin. JC has sent some data to SA</p> <p>Vitamin D – JC to chase Anne Jenkins on proposed updated guidance.FM offered her assistance</p> <p>SA had confirmed the hospital were using new GP Advice Forms and that FP10s were available in all outpatient clinics for use if the patients treatment needed to start within 5 days of the appointment. GPs to let JC know if this isn't happening</p> <p>A&E – Diclofenac is still being stocked and issued. It was mentioned that Diclofenac is also very popular with maternity services.</p> <p>Dutasteride/Combodart prescribing data has been sent to SA as non-formulary drugs but significant prescribing in primary care.</p> <p>Tariff prices from 1st October -Sildenafil price has dropped significantly and should be first line option for ED. Across MKCCG there should be a win fall saving of about £50K / 6 months based on current prescribing but even more could be saved if prescribed instead of others e.g. Cialis</p>	<p>JC/FM</p> <p>ALL GPs</p>
8.	Prescribing Information on secondary care initiated medicines	
	<p>JC received an email from one of SA's team –offering to provide GPs with prescribing information on secondary care initiated medicines e.g. drugs being used outside their license or unlicensed medicines. Please let Janet know of any other suggested medicines you think would be useful to have guidance on.</p>	<p>ALL</p>
9.	Professional Issues/Any other business	
	<p>Nothing to report</p>	
10.	<p>Date of Next Meeting Wednesday 8th January 2014 7.30am, Sherwood Place, Boardroom 1</p>	

Minutes approved as an accurate record by:

(Signature): Janet Corbett

Print Name: JANET CORBETT

Position: A. D. Transformation

Date: 8-1-14

Delivery