

Milton Keynes Clinical Commissioning Group

MILTON KEYNES Clinical Commissioning Group Prescribing Group

Janet Corbett (JC) Helen Chadwick (HC) Nikki Woodhall (NW) Nigel Fagan (NF) Edward Sivills (ES) Fatima Mohri (FM) Richard Simpson (RS) Head of Prescribing & Medicines Management, CCG Clinical Director of Pharmacy, MKUHFT Senior Medicines Management Technician, CCG GP, Red House Surgery

GP, CMK Medical Centre GP, Newport Pagnell Medical Centre GP, Parkside Medical Centre Bhervi Patel (BP) Geraldine Sharratt (GS) Nadia Shaw (NS) CNWL Nurse Rep Community Pharmacist Practice Pharmacist, Walnut Tree Surgery Patient Representative/Healthwatch Non-Medical Prescriber / Nurse Rep (rotate)

Sharon Wilmore

Minutes, MKCCG

c.c. Dupe Fagbenro (DF)

Formulary Pharmacist, MKUHFT

Minutes of the Prescribing Group Meeting held on Wednesday 5th July 2017

	Present			Action	
	Janet Corbett	Helen Chadwick	Geraldine Sharratt		
	Nigel Fagan	Richard Simpson	Alison Reid (CNWL)	0 4	
	Edward Sivills	Nikki Woodhall	Sharon Wilmore		
	Fatima Mohri	Nadia Shaw	Guest: Jordan Soondar/Compass		
1.	1. Welcome, apologies and introductions				
	 Apologies received from Bhervi Patel Neil Douse has resigned from the group – JC asked that thanks were recorded for his input and support. NF chaired the meeting until 8am - HC then continued this role 				
2.	Chair from July 2017				
	To be discussed at next meeting.				
3.	Acknowledgement of declaration of any other business				
	None declared.				
4.	Notes of previous meeting				
	The minutes from 1 st I	March 2017 were signed by	y NF as an accurate record of the meeting.		

5. **Matters Arising from previous meeting** 5.1 **COPD Rescue Packs** A best practice email has been sent to all practices following on from the recent discussions about concerns of inappropriate use. This item is also in Prescribing News issued this week. **Asthma Guidance** This has been added to SystmOne asthma template, sent to practices and added to the MK Formulary. NICE - The chronic asthma management guideline to be published in October 2017 alongside the asthma diagnosis and management guideline. This heavily supports use of FeNO testing. Will need to review locally as we do not have practices set up to do this. **Outcome of Consultation on Commissioning Intentions** 5.2 As a result of the above there have been a lot of service changes especially around Medicines Management. A decision has been made by the Board not to prescribe Gluten Free food and support Self-Care & OTC work and Comms have sent out an email to this effect. There is ongoing work on Self-Care and access to OTC medicines. This is the qualifying element to 2017/18 Prescribing Incentive Scheme. In 2016/17 this target produced cost savings of £136,000. Repeat Prescribing – advice is to reduce to 28/56 days down from 84 days (except in exceptional circumstances) Managed Repeats – this has not been stopped (valued by many patients) but we must ensure that Community Pharmacies follow best practice. Guidance to be sent out. Sonal Mehta (Neighbourhood Pharmacist) is picking up issues with practices/pharmacies. NS said that EPS is helpful for patients. Dosette box query (RS) - Provision of D/Boxes is not an NHS funded service and community pharmacies are not paid extra to supply them, so they may request 7 day scripts to help support funding. There is however no requirement for practices to do so unless clinically inappropriate for patients to have more than 7 days medicines at a time. 6. Compass - Jordan Soondar Jordan was welcomed by the group and discussed the main points to his Relapse Prevention paper. It was suggested that he uses this group as a sounding board before moving forward. There was generally a negative response to this service from the GPs with concerns regarding

issues such as patient safety and monitoring, prescribing and also continuity for the patient regarding a main point of contact.

Compass opening times were also queried and Jordan is to circulate these to the group.

Outcome was for the GPs to put Compass on the Neighbourhood Meeting agendas and test the appetite from their colleagues and feed back to JC.

JS

7.	PIS Paper 2016/17 Achievement	
	The final report for payment to practices (£248k) has been approved by CDG. The CEP (OTC/Self-Care) target has helped to pay for this and is now a qualifying element for this year's scheme. There is a letter being sent out today to all Practice Managers confirming the amounts they have	sw
	achieved and the process on how to claim.	
8.	Branded Prescribing	
8.1	Pregabalin JC has sent out an email to all practices and community pharmacies about the patent on Lyrica which expires on 17 th July to prescribe / dispense generic pregabalin over the next few weeks and for pharmacies to review their stock holding. We will be waiting for the drug tariff price to drop (possibly October), which will give significant cost savings across the patch. Optimise Rx message will support switch to prescribe generically (not patients with Epilepsy).	
	Support was agreed for this but if any practices received "grumblings" from pharmacies please let JC know.	ALL
8.2	Tolterodine XL branded generic (Neditol) There is a potential cost saving switch of £35k across the patch to switch to Neditol brand. NW checked and the drug tariff price has dropped for 2mg modified release and generic scripts will be charged at Neditol price. However the 4mg will be reduced from £25.78 to £12.89. It was agreed that we hold out until the price drop and not to do blanket switch. JC suggested more cost effective to use immediate release tablets rather than MR.	
9.	Generic Quetiapine prescribing Guidance	
	CNWL is recommending starting patients on the immediate release formulation. This paper supports GPs to review patients and switch from MR preparations to immediate release which is significantly cheaper. It was suggested to add to the paper the current brand of MR (Biquelle) that MKCCG recommends when prescribing MR. Optimise Rx to have messages to reflect this change.	NW
10.	MKPAG	
	 Zeroveen Cream was added to the formulary as a more cost-effective choice than Aveeno. (In general the use of oatmeal containing emollients is not supported) Toujeo insulin injection is to be added to the formulary for initiation by the Diabetes Specialists Vit D in pregnancy guidance – There is supporting information added on the MK Formulary. 	

11.	Tissue Viability Nurse Project	
	Dressings are provided either by FP10s or Practice Nurses' stocks through the ONPOS system.	
	JC produced a Spend to Save Business Case which was approved and Sue Teasdale has been appointed for six months to address Wound Management issues across the patch.	
	HC asked if the project scope would include working with the hospital TVN team. JC confirmed that the CCG TVN would liaise with them. She added that the nurse would consider the place of VAC therapy and wraps within the project as well as conventional dressings.	
12.	PGDs	
	It was noted that PGDs 1 and 2 (Trimethoprim and Nitrofurantoin) were revised in the light of new guidance for the treatment of UTI. The suite of PGDs is for use in MKUCS.	
13.	Any other business	
	JC confirmed that the revised antimicrobial prescribing guidance had just been signed off by the Consultant Microbiologist and they would be sent out to practices shortly.	
14.	Future Agenda Items	
	None	
12.	Date of Next Meeting:	
	Wednesday 6 th September 2017 at 7.30am Board Room 1, Sherwood Place, Bletchley	

Minutes approved as an accurate record by:

(Signature):	NM	Print Name: N FACAN	
Position:	GO + CHAR	Date:	6/a/17