

**MILTON KEYNES Clinical Commissioning Group
Prescribing Group**

Janet Corbett (JC)
Helen Chadwick (HC)
Nikki Woodhall (NW)
Nigel Fagan (NF)
Edward Sivills (ES)
Fatima Mohri (FM)
Richard Simpson (RS)

Head of Prescribing & Medicines Management, CCG
Clinical Director of Pharmacy, MKUHFT
Senior Medicines Management Technician, CCG
GP, Red House Surgery
GP, CMK Medical Centre
GP, Newport Pagnell Medical Centre
GP, Parkside Medical Centre

Geena Kirpalani (GK)
Bhervi Patel (BP)
Geraldine Sharratt (GS)
Nadia Shaw (NS)
CNWL Nurse Rep

GP, MKUCS
Community Pharmacist
Practice Pharmacist, Walnut Tree Surgery
Patient Representative/Healthwatch
Non-Medical Prescriber / Nurse Rep (rotate)

Sharon Wilmore
Minutes, MKCCG

c.c. Dupe Fagbenro (DF)
Adam Staten (AS)

Formulary Pharmacist, MKUHFT
Federation GP (for information)

**Minutes of the Prescribing Group Meeting held on
Wednesday 1st November 2017**


	Present	Action
	<p>Janet Corbett Nadia Shaw Sharon Wilmore Nikki Woodhall Geena Kirpalani Nigel Fagan Bhervi Patel Edward Sivills Kehinde Sokunle / CNWL Richard Simpson</p>	
1.	Welcome, apologies and introductions	
	Helen Chadwick Fatima Mohri	
2.	Acknowledgement of declaration of any other business	
	None	
3.	Notes of previous meeting	
	The minutes from 6 th September 2017 were signed by NF as an accurate record of the meeting.	
4.	Matters Arising from previous meeting	
4.1	<p><i>Guidelines for recurrent UTI</i> Janet asked for final comments before sending guideline out to practices. NF asked that the dose on page 2 be amended – should be twice a day and not once a day for MR Nitrofurantoin. With amendment to dose guidance approved to go out.</p> <p>RS asked about Bladder Wash Outs – KS confirmed that Rapid Response will do BWO on appropriate patients who have blocked catheters to prevent hospital admissions.</p>	JC
4.2	<p><i>Self-monitoring of Blood Glucose (BGM) and Freestyle Libre update</i> JC updated the group with further changes to BGM review document due to be launched at Diabetes PLT in November. This has taken into account that MKCCG has been identified by Right Care as an outlier with spend on BGM by £300K compared to other similar CCGs. There is work being done nationally to bring costs down by prescribing BGM with a price of £10 or less per pack of 50 strips. JC has worked with the hospital to ensure it is joint guidance. The group asked if it would be easier to just have one or two BGMs on the guidance rather than the extended range. It was explained that this is where practices were starting at and we would not gain financially by switching 1 product that is £10 or less to another but would be more work for the practice. It is important that we focus on switching those more than £10 and those that do not meet the ISO quality mark.</p>	

<p>4.3</p>	<p>It has been identified that some Care Homes seem to have their own policies and monitor their patients far more than is recommended. There is a piece of work needed to ensure practices only issue the correct amount of strips and ask care homes to pay for the extra strips that they use.</p> <p>Freestyle Libre is now available on the Drug Tariff as from 1st November. It measures interstitial fluid levels and not capillary blood glucose levels and the cost is well over £1000 per patient per year. There may be a very small sub-group of type1 diabetes patients who it might be cost effective for them to use (e.g. intense monitoring >10 times a day).</p> <p>A paper went to CDG with recommendation for not routine prescribing. The CCG has decided not to commission this product for general use but consider on a case by case basis through the Diabetes Service. A consensus is being worked on across Beds/Luton & MK for criteria for appropriate prescribing). JC had sent a holding email to practices but will send a further email with above outcome from CDG.</p> <p>RS asked if practices could do letter switches. JC said that it is not recommended as patients could get confused with different machine / technique but would leave it to practices to decide for appropriate patients.</p> <p>JC to add Ketones to GlucoMen Areo section of the guidance.</p> <p><i>Recommendation by a Hospital Specialist or Decision to decline prescribing update. Unfortunately the meeting had received apologies from hospital team so were unable to have update.</i></p> <p>Jill McDonald requested that this item be carried to the next agenda when more data would be available.</p> <p>The S1 template needs work to ensure it is not time consuming for practices. Sonal Mehta has been working on this.</p>	<p>JC</p> <p>HC/JC</p>
<p>5.</p>	<p>Prescribing Incentive Scheme 2018-19</p>	
	<p>The group discussed potential targets for next year's Prescribing Incentive Scheme.</p> <p>Part 2 of the qualifying element – to build on previous work around repeat prescribing, the suggested target is completion and shared learning of PrescQIPP Repeat Prescribing Training modules (approximately 4 x 2 hour sessions). PrescQIPP training will be rolled out to practices for them to send at least one member of staff to these sessions.</p> <p><i>Antibiotics</i> – MKCCG is generally performing quite well but it is important to keep a focus on antibiotic prescribing. Items per STAR-PU to be qualifying element to engage those practices who are struggling to reduce prescription volume. Trimethoprim and Nitrofurantoin switches will continue in line with national guidance.</p> <p><i>Cost Effective Program</i> – will adjust what is included especially with Self-Care.</p> <p><i>PPIs</i> – needs another year to bed in as reviews take time to make effective change.</p> <p><i>Hypnotics</i> – suggestion of a review to be added for those practices not reaching target.</p>	

	<p><i>Patient engagement campaign</i> – to engage patients to attend for their Med Reviews – group felt that this may not be beneficial so will be removed from the scheme.</p> <p><i>Training update at the PLT event in January 2018</i> – Dr Nicola Smith has suggested that this could be a CCG event and open the doors to more clinicians. Please let JC know your practice's thoughts on this.</p> <p>The group discussed other potential targets:-</p> <p><i>Pain Meds</i> - Gabapentin etc. – safety issues</p> <p><i>Pain Clinic reviews</i> – it was felt this target would be difficult to achieve as no services available to offer in place of pain medicine. It may be more beneficial as baseline data collection purposes to build in to bigger pathway redesign work. JC to talk to Michael Ramsden to obtain his views. JC mentioned an article about a patient in the South West who sadly died as a result of poor opiate prescribing. This article will be included in the next edition of Prescribing News.</p> <p><i>Diabetes</i></p> <p><i>Nutrition</i> – Baby milk guidance</p> <p><i>Respiratory</i> – a pilot project was approved at CDG for a nurse and pharmacist to help practices review respiratory patients. Jon Walters has taken over from Tahmina Siddiqui as the Respiratory Lead.</p> <p>GK expressed an interest in attending the next respiratory meeting. NW will confirm if this is possible.</p>	
6.	Finance Update	
	<p>Nicola Smith had sent the practices an email regarding the current position following on from her discussions at recent PLT. Medicines Management have a £2m cost pressure which has arisen from stock shortages and increase in national prices and the claw back by NHSE on any windfall savings from changes to CAT M products.</p>	
7.	MKPAG Update – 27th September 2017	
	<p>Fobumix Easyhaler (Budesonide/Formoterol) was added to the formulary as an alternative dry powder inhaler combination of Inhaled Corticosteroid and Long Acting B2-agonist. Licensed for asthma and COPD.</p> <p>Sayana Press – Medroxyprogesterone was added to the formulary. It is a subcut injection rather than deep intramuscular (Depo-Provera) injection. This allows appropriately trained and engaged patients to self-administer.</p>	
8.	Any other business	
	<p>Zainab Al-Shalchi, the new North Neighbourhood Pharmacist, will be joining the team on 6th November.</p>	

9.	Future Agenda Items	
	Recommendation by a Hospital Specialist or Decision to decline prescribing – update	
10.	Date of Next Meeting	
	Wednesday 10 th January 2018 – 7.30am – please note amended date (2 nd Wednesday) Venue: Boardroom 1, Sherwood Place, Bletchley	

Minutes approved as an accurate record by:

(Signature):  Print Name: HAZEL

Position: CHAIR (GP) Date: 10/1/18