

Pharmacy Guidance: Acceptable Therapeutic Substitution of NRT products

Due to occasional supply and stock control issues it may be necessary to substitute an item recommended on NRT Voucher for a similar product.

NRT product ordered	Dose / frequency	NRT product that can be supplied	Dose / frequency	Comments
24 hour Patches:				
NiQuitin patches come in two formats, clear or opaque, they are the same formulation and can be substituted. The opaque patches are sometimes preferred because the users believe they stick better and stay on longer. NiQuitin and Nicotinell patches are the same strength and can be substituted as shown below:				
NiQuitin Patch clear or opaque 7mg	Releasing 7mg/24hours	Nicotinell TTS '10' patch	Releasing 7mg/24hours	
NiQuitin Patch clear or opaque 14mg	Releasing 14mg/24hours	Nicotinell TTS '20' patch	Releasing 14mg/24hours	
NiQuitin Patch clear or opaque 21mg	Releasing 21mg/24hours	Nicotinell TTS '30' patch	Releasing 21mg/24hours	
Nicotinell TTS '10' patch	Releasing 7mg/24hours	NiQuitin Patch clear or opaque 7mg	Releasing 7mg/24hours	
Nicotinell TTS '20' patch	Releasing 14mg/24hours	NiQuitin Patch clear or opaque 14mg	Releasing 14mg/24hours	
Nicotinell TTS '30' patch	Releasing 21mg/24hours	NiQuitin Patch clear or opaque 21mg	Releasing 21mg/24hours	
16 Hour Patches:				
The NiQuitin Clear patches are licensed for 16 & 24 hour use so can be given in place of 16 hour patches if required.				
Nicorette patch or Invisi patch 10mg	Releasing 10mg/16hours	NiQuitin Patch clear or opaque 7mg	Releasing 7mg/24hours	Advise patient to apply NiQuitin patch for 16 hours only or remove before bedtime
Nicorette patch or Invisi patch 15mg	Releasing 15mg/16hours	NiQuitin Patch clear or opaque 14mg	Releasing 14mg/24hours	
Nicorette Invisi patch 25mg	Releasing 25mg/16hours	NiQuitin Patch clear or opaque 21mg	Releasing 21mg/24hours	

Gum: Nicorette and NiQuitin gums can be substituted at the same strength.

Lozenges: supply NiQuitin

No Pre Quit products to be supplied. Despite being made up of the same formulation as all other nicotine containing products, as they are packaged and marketed differently patients may believe they are not as strong or efficient. NRT is only provided to people quitting smoking and we do not currently support patients to cut down, with the exception of Campbell Centre patients who may cut down to quit for up to 2 weeks.