

## Hormone Replacement Therapy (HRT)

### Sequential / Cyclical combined therapy Uterus present, perimenopausal women

HRT Product: Brand name	Oestrogen	Progestogen	Formulation	Bleed	Prescription Charge	Cost for 28 days	Local agreement / suggestions
Elleste Duet	Estradiol (1mg, 2mg)	Norethisterone (1mg)	Tab	Monthly	2	£3.07	First line oral treatment option
Evorel Sequi	Estradiol (50mcg)	Norethisterone (170mcg)	Patches	Monthly	2	£11.09	First line transdermal treatment option
Femoston (TLS: Amber 2)	Estradiol (1mg, 2mg)	Dydrogesterone (10mg)	Tab	Monthly	2	£5.39	If cyclical side effects to norethisterone or other progestogen
Tridestra (TLS: Amber 2)	Estradiol (2mg)	Medroxyprogesterone (20mg)	Tab	Quarterly	2	£6.83	For women where a longer bleed interval is useful

### Continuous combined therapy Uterus present, postmenopausal women, cycle free

Brand	Oestrogen	Progestogen	Formulation	Bleed	Prescription Charge	Cost for 28 days	Local agreement / suggestions
Kliovance	Estradiol (1mg)	Norethisterone (500mcg)	Tab	No bleed	1	£4.40	First line oral treatment option
Kliefem	Estradiol (2mg)	Norethisterone (1mg)	Tab	No bleed	1	£3.81	First line oral treatment option
Femoston Conti (TLS: Amber 2)	Estradiol (500mcg, 1mg)	Dydrogesterone (2.5mg, 5mg)	Tab	No bleed	1	£8.14	
Evorel Conti (TLS: Amber 2)	Estradiol (50mcg)	Norethisterone (170mcg)	Patches	No bleed	1	£13.00	Transdermal treatment option

### Unopposed Oestrogen (if uterus is intact an adjunctive progestogen must be used) Hysterectomy

Brand	Oestrogen	Progestogen	Formulation	Bleed	Prescription Charge	Cost for 28 days	Local agreement / suggestions
Elleste Solo	Estradiol (1mg, 2mg)		Tab		1	£1.69	First line oral treatment option
Evorel	Estradiol (25mcg, 50mcg, 75mcg, 100mcg)		Patches		1	£3.42, £3.88, £4.12, £4.28	First line transdermal option
Premarin	Conj. oestr (300mcg, 625mcg, 1.25mg)		Tab		1	£2.02, £1.34, £1.19	Conjugated Equine Oestrogen
Elleste Solo MX (TLS: Amber 2)	Estradiol (40mcg, 80mcg)		Patches		1	£5.19, £5.99	Skin allergy / poor absorption with Evorel, alternative adhesives
FemSeven (TLS: Amber 2)	Estradiol (50mcg, 75mcg, 100mcg)		Patches		1	£6.04, £6.98, £7.28	

### Topical Vaginal Oestrogen

Brand	Oestrogen	Progestogen	Formulation	Bleed	Prescription Charge	Cost for 28 days	Local agreement / suggestions
Sandrena	Estradiol (500mcg, 1mg)		Gel		1	£5.08, £5.85	Currently on the formulary