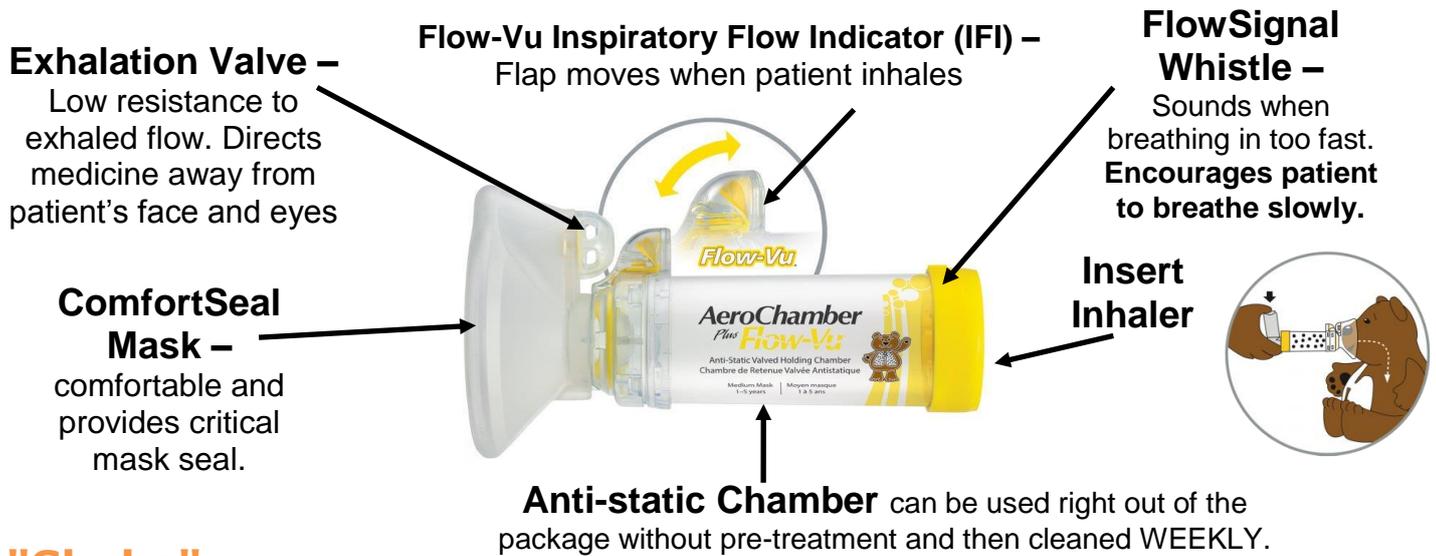


How to use the Aerochamber^{Plus} Flow-Vu[®] (Anti-static spacer)

Small / medium mask using multiple breath technique



"Shake"

1. Remove the **protective cap** from the inhaler
2. **Shake the inhaler** for a few seconds immediately before each use (to mix the contents of the inhaler)
3. Insert the inhaler into the backpiece of the chamber
4. Apply the aerochamber mask to Child's face and ensure an **effective seal** (to prevent the drug escaping). Keep the inhaler in position. The Flow-Vu Inspiratory Flow Indicator (IFI) only moves if a good seal is created.

"Breathe"

5. The child should start to **breathe in and out slowly** through the mouth to fill and empty their lungs
6. Once the breathing pattern is well established, press the inhaler down **ONCE only** at the beginning of a slow inhalation as the Flow-Vu IFI moves towards the patient. Use the Flow-Vu IFI to count breaths
7. Maintain seal for **five or six breathes** after the inhaler is pressed
If you hear a whistling sound they are breathing in too quickly
8. For a **second dose wait 30 seconds** before repeating steps 2 – 7

Breathe in slowly!

To see a demonstration on correct inhaler technique visit
https://www.rightbreathe.com/spacers/2281/?s=&device_type=spacer#Spacer

Always administer ONLY ONE (1) puff at a time

Always rinse mouth, gargle and spit out after using steroid inhalers (E.g. Beclometasone, Budesonide, Fluticasone (Fostair, Symbicort, Seretide))
 Follow the information sheet supplied on how to look after the spacer.